

6. I Bind Myself to Thee

-By Kevin B. Leigh based on the prayer of Saint Patrick's Breastplate.

Holy Spirit, I bind myself to You, so You will be with me, in front of me and so You can come down upon me.

Holy Spirit, I bind myself to You, so you will stand behind me and within me, at my right and at my left, in my home, and while I work.

Holy Spirit, I bind myself to You, so you are with me in my prayers, while I sleep, when I dream and when I awake.

Holy Spirit, I bind myself to You, so you will be in the heart of everyone who thinks of me, everyone who speaks to me, everyone who sees me, and every ear that hears me.

I bind myself to the Sacred Trinity, the creators of the Universe, unconditionally and fully.

In the name of the Father, Mary's Son Jesus and the Holy Spirit.

 Amen.