

3. The Hymn of Mael-ísu

-By Mael-ísu an 11th century Irish writer

The Holy Spirit around us,

in us and with us,

the Holy Spirit to us,

may it come, o Christ, suddenly!

The Holy Spirit to inhabit our body and our soul, to protect us speedily against peril, against disease!

Against demons, against sins,

against hell with many evils,

O Jesus, may it sanctify us,

may Thy Spirit free us!

—*The Spirit*